

***Phase 1**

First 30 day requirements

- At no time during your stay at Grace Haven are you allowed to engage in romantic relationships with female or male partners
- Set up counseling
- Call daily to American Drug Court and submit to drug screen if selected
- Complete daily house chores
- Contact PO (if applicable)
- Go to JFS (insurance, food card, etc..)
- Set up primary care appointment for physical
- Set up OB/Gyn appointment if needed
- Schedule dental appointment
- Journal daily
- No outside calls in or out
- No electronic (eg. Computer, tablet, phone, etc..)
- No activities away from the house without house supervisor approval
- Going to church is required
- Bible studies are required
- No AA or NA meetings
- All house classes, 12 Step, current bible study, budgeting, dress for success, daily devotional, baking, art project/classes, gardening, volunteer projects and house activities

***Phase 2**

Second 30 day requirement

- May do activities away from house with accountability partner that is approved by house supervisor on duty (eg. with mentor, staff, volunteer or family).
- May go to AA and NA meeting/CR with staff approval
- May use house phone for local calls with supportive people, during posted times.
- May receive phone calls during posted times
- Supervised use of computer for job applications only
- Family visit with approval of supervisor only.

***Phase 3**

Third 30 days

- Must write essay that has been given to director for approval to move to Phase 3. Essay should include what changes you have made and what you have done to maintain sobriety.
- May get a job, must be 1st shift. You are still required to be home for all evening bible studies, and all evening house activities.
- Can have cell phone after starting job but it must be turned in when you return home
- Have a car for approved activities only
- 6:00 pm curfew

- Give 10% of your income {social security, child support or ant other income you may have} to house for tithe

Phase 4

- May have overnight passes with approval of house supervisor and director

Sign _____ Date _____

Print _____