

Sample schedule. WEEKLY

Wake up. 8:00

Showers, Room clean up , breakfast, morning devotions. 8-10.

Fitness walk or bike ride. Weather permitting or YMCA work out. 10:00-1130.

Lunch: Rest: homework prep. 11 – 1:30. Quiet time in room rest, pray or prepare.

Classes: 130- 230

245- 345

400-500

Supper, clean up, 5-7.

Bible studies, worship, fellowship 7-830.

830 – 930 laundry, quiet time, EVENING DEVOTIONS

Bedtime 930.

Lights out 1030.

Saturday

Wake up 900

Breakfast, showers, devotions 9 – 1130

Cleaning, outdoor work, grocery shopping 1130 – 130

Downtime for Bible study homework, naps, house fellowship, 130- 500

Other activities by house supervisors.

Supper, clean up 5-630

Evening Devotions, Bible Study, fellowship, etc 700-900

Bedtime Quiet time lights out 1100

Sunday

Church

Rest/relax/ prepare homework for Monday

Schedule up to discretion of house supervisors